

LODI UNIFIED SCHOOL DISTRICT

REVISION

Policy 3550

Business and Non-Instructional Operations

Food Service /Child Nutrition Program

The Board of Education recognizes that adequate, nourishing food is essential to student health, development, and ability to learn. The Superintendent or designee shall develop strategies to increase students' access to the district's food service programs and to maximize their participation in available programs.

~~Foods and beverages~~ Meals available through the district's food service program shall:

1. Be carefully selected so as to contribute to students' nutritional well-being and the prevention of disease;
2. Meet or exceed nutritional standards specified in law and administrative regulation;
3. Be prepared in ways that will appeal to students, retain nutritive quality and foster lifelong healthful eating habits;
4. Be served in age-appropriate portions;
5. Be available to students ~~who meet federal eligibility criteria~~ at no cost. ~~or at reduced prices, and to other students at reasonable prices.~~

The district's food service program shall give priority to serving unprocessed foods and fresh fruits and vegetables.

District schools are encouraged to establish school gardens and/or farm-to-school projects to increase the availability of safe, fresh, seasonal fruits and vegetables for school meals and to support the district's nutrition education program.

To encourage student participation in school meal programs, schools may offer multiple choices of food items within a meal service, provided all food items meet nutrition standards and all students are given an opportunity to select any food item.

The Superintendent or designee may invite students and parents/guardians to participate in the selection of foods of good nutritional quality for school menus.

The Board desires to provide students with adequate time and space to eat meals. To the extent possible, school, recess, and transportation schedules shall be designed to encourage participation in school meal programs.

Parents/guardians are encouraged to support the district's nutrition education efforts by considering nutritional quality when selecting foods for students.

The Superintendent or designee shall periodically review the adequacy of school facilities for cafeteria eating and food preparation. In accordance with law, the Superintendent or designee shall develop and maintain a food safety program in order to reduce the risk of food borne hazards at each step of the food preparation process, from receiving to service.

The Superintendent or designee shall annually report to the Board on student participation in the district's nutrition programs and the extent to which the district's food services program meets state and federal nutrition standards for foods and beverages. In addition, the Superintendent or designee shall provide all necessary and available documentation required for the Administrative Review conducted by the California Department of Education (CDE) to ensure the food service program's compliance with federal requirements related to nutrition standards, meal patterns, provision of drinking water, school meal environment, food safety, and other areas as required by the CDE.

Legal References: EDUCATION CODE
35182.5 Contracts, non-nutritious beverages
38080 – 38103 Cafeteria, establishment and use
45103.5 Contracts for management consulting services; restrictions
49430 – 49434 Pupil Nutrition, Health, and Achievement Act
of 2001
49490 – 49494 School breakfast and lunch programs
49500 – 49505 School meals
49510 – 49520 Nutrition

49530 – 49536 Child Nutrition Act
49540 – 49546 Child care food program
49547 – 49548.3 Comprehensive nutrition services
49550 – 49562 Meals for needy students
49570 National School Lunch Act
51795 – 51797 School Gardens
HEALTH AND SAFETY CODE
113700 – 114437 California Retail Food Code
CODE OF REGULATIONS, TITLE 5
15510 Mandatory meals for needy students
15530 – 15535 Nutrition education
15550 – 15565 School lunch and breakfast programs
15575 – 15578 Requirement for foods and beverages outside
federal meal programs
UNITED STATES CODE, TITLE 42
1751 – 1769j School lunch programs, including:
1758b ~~Note~~ Local wellness policy
1761 – Summer Food Service Program and Seamless Summer
Feeding Option
1769a – Fresh Fruit and Vegetable Program
1771 – 1793 Child nutrition, especially:
1772 – Special Milk Program
1773 – National School breakfast program
CODE OF FEDERAL REGULATIONS, TITLE 7
210.1– 210.31 National School Lunch Program
215.1 – 215.18 Special Milk Program
220.2 – ~~220.23~~ 220.22 National School Breakfast Program
245.1 – 245.13 Eligibility for free and reduced-price meals and
milk

Management Resources:

CSBA PUBLICATIONS

Building Healthy Communities: A School Leader's Guide to
Collaboration and Community Engagement, 2009

Monitoring for Success: Student Wellness Policy

Implementation Monitoring Report and Guide, 2007

Nutrition Standards for Schools: Implications for Student

Wellness, Policy Brief, rev. October 2007

Student Wellness: A Healthy Food and Physical Activity

Policy Resource Guide, rev. April 2006

CALIFORNIA DEPARTMENT OF EDUCATION

PUBLICATIONS

School Meals Initiative Summary

Healthy Children Ready to Learn, January 2005

CALIFORNIA PROJECT LEAN PUBLICATIONS

Policy in Action: A Guide to Implementing Your Local School

Wellness Policy, October 2006

USDA PUBLICATIONS

Civil Rights Compliance and Enforcement - Nutrition

Programs and Activities, FNS Instruction 113-1, November

2005

Dietary Guidelines for Americans, 2005

Food Buying Guide for Child Nutrition Programs, December

2007

Fresh Fruit and Vegetable Program: Handbook for Schools,

December 2010

Guidance for School Food Authorities: Developing a School

Food Safety Program Based on the Process Approach to

HACCP Principles, June 2005

School Breakfast Toolkit

WEB SITES

California Department of Education, Nutrition Services

Division: <http://www.cde.ca.gov/ls/nu> California

Department of Public Health:

<http://www.cdph.ca.gov>

California Farm Bureau Federation: <http://www.cfbf.com>

California Food Policy Advocates: <http://www.cfpa.net>

California Healthy Kids Resource Center:

<http://www.californiahealthykids.org>

California Project LEAN (Leaders Encouraging Activity and

Nutrition): <http://www.californiaprojectlean.org> California

School Nutrition Association:

<http://www.calsna.org>

Centers for Disease Control and Prevention:

<http://www.cdc.gov>

CSBA: <http://www.csba.org>

National Alliance for Nutrition and Activity:

<http://www.cspinet.org/nutritionpolicy/nana.html>

U.S. Department of Agriculture, Food and Nutrition Service:

<http://www.fns.usda.gov/fns>

Policy

adopted: 05/11/67

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